

課程資訊 (Course Information)					
科號 Course Number	11120KECN501400	學分 Credit	3	人數限制 Class Size	18
中文名稱 Course Title	環境心理 / 行為學研究與專案				
英文名稱 Course English Title	The issues and practices of Environmental Psychology/ Behavior				
任課教師 Instructor	曾慈慧(TSENG, TZU-HUI) more information				
上課時間 Time	TaTbTc	上課教室 Room	Nanda南大N207		
<p>提醒您：請遵守智慧財產權，勿使用非法影印教科書</p> <p>Please respect the intellectual property rights, do not use illegal copies of textbooks.</p>					
此科目對應之系 所課程規畫所欲 培養之核心能力 Core capability to be cultivated by this course					
課程簡述 (Brief course description)					
<p>環境心理學是門有趣的學科也是屬於跨領域的學習，是研究環境與人的心理和行為之間關係的一個應用社會心理學領域，又稱人類生態學或生態心理學。這裡所說的環境雖然也包括社會環境，但主要是指物理環境，包括噪音、擁擠、空氣質量、溫度、建築設計、個人空間等等。目前定義中，最好的是Proshansky(1990)的描述：環境心理學是一門關心人與環境之間的互動與關係的學科。環境心理學為研究人與場所如何產生互動之學科，該場所可小到一個空間、大到整個區域。此學科乃休閒遊憩、觀光旅遊、景觀規劃與環境設計中，關於探討人如何使用環境，環境如何影響人之基礎學科。你是否想過為何當你在一個城市住久之後，你覺得這個城市好像沒有你想像的大?你覺得自己看地圖的能力如何?在某些城市你就是比較不會迷路?為何晴天時候心情比較好?氣候環境對您而言有哪方面的影響?來自不同地區的人的行為會受到哪些氣候因素的影響?要如何利用建築材質、色彩或家具營造出宴會的感覺? 哪種規劃設計可以創造出紀念性空間?何種環境有助於老師教學與學生學習?那些環境鼓勵犯罪? 都市與鄉下可以給你不同的知覺與體驗?心情不好壓力很大的時候通常我們會去哪裡呢? 這些都是環</p>					
課程大綱 (Syllabus)					
<p>Course keywords: 環境知覺、地方依附、景觀的恢復性、防範犯罪的環境設計</p> <p>Course Outline (Tentative) 週數 日期 課程名稱 附註 1 2/16 課程介紹與評量之說明 下次討論 =559;回去請瀏覽EDRA網站 www.edra.org IAPS網站 https://iaps-association.org/ =559;空間就是想像力： https://www.youtube.com/watch?v=KtB7Za917t0 買書(請大家自行購買或者影印) 買書 城市考現學(Modernology) 路上觀察學 =548; Soundscape =548; Bum proof =548; 空間排他性 =548; 拓圖 =548; 空間自傳 2 2/23 何謂環境心理學 1.緣起、定義、內涵 2.研究現況與發展 3.環境心理學的研究方法 圖、文字講義</p>					

3 3/2 環境認知
環境知覺理論
繳交作業1

4 3/9 認知圖與找路
Kevin Lynch都市意象 圖、文字
=559;畫認知圖

5 3/16 潛在環境 潛在環境對人的影響：氣候、高度、溫度、光、顏色。
討論你最喜歡與最討厭以及感到最有壓力的空間。

6 3/23 個人空間與領域性
<https://www.youtube.com/watch?v=M-uHtGKLDD0>

7 3/30 工作環境

8 4/6 校際活動週停課

9 4/13 補出野外停課一次

10 4/20 演講：馬祖地方經濟創生 繳交作業2(期中作業)

11 4/27 居住環境
居住環境 宿舍與城市
地方依附(place attachment)
=559;補充健康社區、友善兒童環境

12 5/4 學習環境 野外實察
校園、博物館與動物園
=559;找個學習環境走一走吧！

13 5/11 自然環境：
環境偏好、戶外遊憩與野外經驗
治療性景觀環境 繳交作業3

14 5/18 環境問題與行為對策
行為技術與環境問題、與健康有關的環境問題

15 5/25 ■課堂paper討論 兩位同學

16 6/1 ■課堂paper討論 兩位同學

17 6/8 期末上台發表

18 6/15 繳交期末作業 繳交作業4(期末作業)

■教學方式：

上課理論講述與討論(power point)
個案分析與討論
文獻導讀
學生課堂報告、導讀
學期中的不定期參訪與演講

■評量方式：

Assignments課堂作業與報告: 30%
Attendance and discussion上課態度與討論: 30%
Midterms期中考: 20%
Final期末報告: 20%
(報告遲交一率60分以下，上課發問與全勤均會加分。上課可用餐、但請勿滑手機、走動或聊天視同缺席)

■參考書目：

I. Prerequisites指定參考書
Frank T. McAndrew, 危芷芬譯·2008·環境心理學·台北：五南出版社。ISBN：9789571109824

II. 上學年指定PAPER課堂指定報告

=559;環境知覺
1.林若慧、梁雅嬪·(2011)。單車旅遊者的方向感與尋路策略關係之研究·戶外遊憩研究·24(3)·25-47。

=559;地方感與地方依附
2.張梨慧、杜佩蘭、陳姿宏·(2015)。地方依附對觀光發展認知影響之探討 - 金門出生者與非金門

出生者，戶外遊憩研究，28(4)，103-139。

=559;兒童、青少年行為與校園

3. 李素馨、解智鈞、侯錦雄，(2007)。蘭嶼兒童之遊戲行為與環境認知，戶外遊憩研究，20(4)：27-49。

=559;自然連結

4. 曾鈺琪，(2020)。探討重要生命經驗與國中青少年環境行為之關聯與自然連結之中介效果，科學教育學刊，28(3)，223-254。

=559;鄰里公園

5. 蔡承宏、張伯茹，(2020)。以聯合分析法探討中高齡者對鄰里公園環境屬性的偏好，造園景觀學報，24(2)，1-22。

6. 林晏州、蘇愛嬭、鄭亦卉、林寶秀，(2016)。運用活動者基礎模型探討鄰里公園使用者行為，建築學報，95，103-119。

=559;景觀偏好

7. 李素馨、謝怡倩、黃宣霏，(2020)。城市夜未眠 - 眺望夜景空間特性與景觀偏好、療癒知覺關係研究。造園景觀學報，24(3)，13-36。

=559;犯罪空間與安全感

8. 張淑貞、何曉萍，(2017)。大學生對人行地下道空間特質之安全知覺 - 地上結構、入口階梯部分。戶外遊憩研究，30(3)，77-109。

=559;休閒遊憩

9. 林宗賢、劉沛瑜、王維靖，(2020)。遊客客家襲產旅遊區懷舊意象與重遊行為意圖之研究 - 以新竹北埔為例。造園景觀學報，24(3)，1-12。

10. 呂怡君、林晏州，(2016)。步道上遊客人數對擁擠感受之影響。戶外遊憩研究，29(1)，57-77。

III. References 參考書

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2. Lewis, C. A. (1996/2008) 《園藝治療入門》(Green nature/human nature: The meaning of plants in our lives)。臺北：洪葉文化。
3. Louv, R., 2009. 失去山林的孩子：拯救大自然缺失症兒童。台北：野人文化。
4. Rutledge, Albert J., 1993. A Visual Approach to Park Design. John Wiley & Sons, Inc. New York.
5. Stokols, D. and Altman, I. (Eds.) (1987). Handbook of environmental psychology (Vol. II). New York, NY: Wiley & Sons.
6. Stokols, D. and Altman, I. (Eds.) (1987). Handbook of environmental psychology (Vol. II). New York, NY: Wiley & Sons.
7. 今和次郎 (2018)。考現學入門。台北：行人出版社。
8. 王錦堂編。1994。環境設計應用行為學。東華書局
9. 李素馨譯。1999。行為觀察與公園設計。田園城市文化事業有限公司。
10. 赤瀨川原平、藤森照信、南伸坊(2014)。路上觀察學入門。台北：行人出版社。
11. 林玉蓮、胡正凡。2000。環境心理學。華中理工大學。武漢。
12. 徐磊青、楊公俠(2013)。環境心理學 - 環境、知覺和行為。台北：五南。
13. 常懷生。1995。建築環境心理學。田園城市。
14. 畢恆達 (2001)。空間就是權力。台北：心靈工坊。
15. 畢恆達 (2004)。空間就是性別。台北：心靈工坊。
16. 畢恆達 (2011)。塗鴉鬼飛踢。台北：遠流。
17. 畢恆達 (2014)。空間就是想像力。台北：心靈工坊。
18. 楊國樞，文崇一，吳聰賢，李亦園。1997。社會與行為科學研究法。東華書局。
19. 關華山。1996。研究與設計：環境行為研究的工具。田園城市文化。台北。

IV. Other Information 修改自畢恆達「環境心理學」

◎環境心理學教科書書目

Proshansky, H. M., Ittelson, W. H., & Rivlin, L. G. (Eds.). (1970).

Environmental psychology: Man and his physical setting. New York: Holt, Rinehart

and Winston. 第一本環境心理學讀本

Toepfer, C. T., Bicknell, A. T., Fox, L., Kirk, W., & Sayre, R. (Eds.). (1972).

Environmental psychology: Selected readings. New York: MSS Information.

Deasy, C. M. (1974). Design for human affairs. New York: Wiley.

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context. East Sussex, UK: Psychology Press.

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◎環境心理學手冊

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此外 · *Progress in Human Geography* 每一二年就會有關於behavioral and perceptual geography的回顧

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Altman, I., & Wohlwill, J. F. (Eds.). (1976). *Human behavior and environment: Advances in theory and research: Vol. 1*. New York: Plenum.

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◎環境心理學期刊

Environment and Behavior (1969--)

Journal of Environmental Psychology (1981--)

Children, Youth and Environments (1984-)

Architecture and Behaviour (1980—1995)

Journal of Architectural and Planning Research (1984--)

Environmental Design Research Association Proceedings (1969--)

◎環境心理學研究所

Environmental Psychology Program, Graduate School and University Center, City University of New York, 1968—

Environment-Behavior Studies, PhD Program in Architecture, University of Wisconsin, Milwaukee

School of Social Ecology, University of California, Irvine

Man-Environment Relation, Pennsylvania State University, 1968-1986

其他 UC Berkeley, U of Arizona, Georgia Institute of Technology,

◎環境心理學學術組織

1.美國環境設計研究學會ENVIRONMENTAL DESIGN RESEARCH ASSOCIATION (EDRA) 北美 1968-
<http://www.edra.org/>

2.International Association for People and Their Surroundings (IAPS) 歐洲 1981-
後改名International Association for People-Environment Studies
<http://www.bwk.tue.nl/iaps/home.htm>

3.Man-Environment Relations Association (MERA) 日本1982-
<http://kenko.human.waseda.ac.jp/mera/index-j.html>

4.People and Places Environment Research (PAPER) 澳洲、紐西蘭 1983-
Environment-Behavior Research Association (EBRA) 中國 1996-
<http://www.chinaebra.org>

5.Human-Environment Relations Studies (HERS) 台灣 1997- (非正式)

6.Environmental Psychology in the UK 英國 1999-
<http://www.surrey.ac.uk/~pss1su/epuk/index.html>

7.Division 34: Population and Environmental Psychology. American Psychological
Association
<http://web.uvic.ca/~apadiv34/> 網頁上可以閱讀 Population and Environmental
Psychology Bulletin

1974: Task Force in Environment and Behavior.

1976: 與第34小組Population小組合併

1979: 出版 Resources in Environment and Behavior

9.Division of Environmental Psychology. International Association of Applied
Psychology 1979-

<http://www.psy.gu.se/iaap/envpsych.htm>

http://www.psy.gu.se/iaap/IAAP_newsletter.htm

10.Section on Environmental Psychology. Canadian Psychological Association

<http://www.psych.ubc.ca/~enviropsych/> 網頁上可以看她們的newsletters

11.Specialty Group: Environmental Perception and Behavioral Geography. The
Association of American Geographers

<http://www.geog.ucsb.edu/epbg/>

■影片欣賞

畢恆達 <空間就是想像力>

<https://www.youtube.com/watch?v=KtB7Za917t0>

<西班牙公寓>線上看 (不同文化的居住空間、宿舍、社區、城市)

<http://www.newcd.co/detail/show/XOTgxODg=>

<死亡實驗>史丹佛監獄實驗 (路西法效應、研究倫理、善惡間並非不可逾越，環境壓力會讓好人做出可怕的事情)

http://tw.iqiyi.com/v_19rrk27mgw.html